

## Couples In Bloom – Intimacy With Two Eyes

April 2011

The word intimacy is spelled with **two** “i”s *and* requires **two** “eyes” (**full attention**) to function. As simple as this seems, **many spouses cannot do it...** yet. This article might **help them get there**. God created unhindered relationships, especially within intimate marriages. When there is a problem, remember that He also heals hindered relationships.

Everything is naked before God ⇨ Hebrews 4:13; nothing is ever hidden. This is the pattern for marriage. God sometimes *waits* to reveal things for our benefit (e.g. the end of time ⇨ Matthew 24:35-36) yet always operates with faithful openness and honesty, and expects us to do the same. These put comfort and security into an intimate relationship.

Marriage is an earthly version of the intimacy of Christianity. Spouses who copy-paste God’s attributes into their relationship get to have the same depth of intimacy. Start with

**the basics: How long can you and your spouse LOOK deeply into each other’s eyes?** Seconds? Minutes? Longer? What stops it? What comes into your minds? If anything negative comes to mind for either of you, you both need to work through it and be healed.

**Do not be intimidated** by this simple exercise. It is a simple way to expose what may be blocking your marital intimacy. Spouses should see every part of each other: head to foot and everything in between ⇨ Song of Solomon. This **outward marital freedom is empowered by inward openness** because **God has connected our eyes to our heart** ⇨ 1 Kings 9:3. Many scriptures show this connection; study the Bible and see for yourself.

**What things do you and your spouse know about each other?** This is about your loving relationship now, not about sins Jesus’ blood already removed. Each spouse should know the deepest issues of the others’ heart today. This introduces the next level:

**What things do you and your spouse talk about?** God already knows everything including your worst problem. He died loving you as you are, **with** your problems, **with** a plan to help you out of them. His Holy Spirit counsels you, and loves when you reply back to Him (i.e. prayer, the next level). God designed you and your spouse to have this **same unhindered communication** as you, the Bride of Christ, have with Almighty God.

**What things do you and your spouse (fast and) pray together about?** Praying together means you both share in the *same* prayer, spontaneously. This builds intimacy **all by itself and in a unique way**, even if the prayer is *not* about intimacy. When you do pray together *about* your intimacy: you, your spouse and God become a powerful three strand cord ⇨ Ecclesiastes 4:12. You will *feel* this power the more you do it. Next level:

**What things do you and your spouse do together?** Faith without works will not help you ⇨ James 2:17. This means couples need to involve themselves in actions that are based on their beliefs being unwavering. Example: if they pray for more romance in their relationship, what they **do** with their 168 hours every week needs to **prove** they mean it.

**Intimacy has two eyes**, two hands, and a whole heart... all of which are unhindered. As a couple, let seriousness and thrill in faith motivate you to action, including refusing to accept **any** hindrance. **Look, know, talk, fast and pray together**. Then when you **do** things in unity with God, He can fully empower your intimacy. ♥ Loren & Kathy Falzone