

CouplesInBloom.com – Our Spiritual Pulse

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Communication is the pulse of relationship. The quality, quantity, and motivation in it all matter and contribute. When John 10 ⇨ says God’s sheep hear His voice, the word for **voice** includes the idea of disclosing a message, and the tone of that message... far beyond mere data. When Psalms ⇨ says to make a **joyful noise** to the Lord, it literally means to mar (especially by breaking); figuratively to split the ears (with sound), that is, shout (for alarm or joy). These important characteristics of communication are the very components that determine our level of relational intimacy... notice how strong they are.

There is a negative saying which says, “I already told my wife I that loved her the day we got married. If I change my mind, I will let her know.” Although that is obviously not intimacy, it actually is the status between many Christians and God. How often do we tell God we love Him, intensely? Do we “split His ears” with the sound of our worship? Do we think we are immune to that Scripture? Worse yet, where is the fruit of our authentic intimate response that wants to reciprocate His love? This, friend, is **our spiritual pulse!**

Pulse is an indicator of the condition of the heart... directly indicating the viability of life. The same God who made the physical body also made the spirit ⇨ Genesis 2:7, and the truths regarding physical pulse certainly hold spiritually. We need to check our pulse to learn how healthy we are, and to use our findings as corrective instruction to verify and optimize good health. Another negative thought process says to prioritize pleasure over health, and then to not care about future health because death is inevitable anyway. This sin is a combination of selfishness and irresponsibility, both physically and spiritually.

Since it is also possible to obsess on healthiness to the neglect of other aspects of life, we see maintaining tension between them is vital for health. Our physical heart requires tension to pump, as many aspects in life require such pressure. This natural observation is also the basis of false ideas / religions: ying-yang, male-female, good-bad, light-dark etc., which are expectedly circular in ideology: reincarnation, works based achievements, etc. They **refuse** to admit the absolutes in life (until it is too late when they die ⇨ Luke 16:19-31; Romans 14:11). Now realize **ignoring our spiritual pulse is this very same refusal!**

“**No, it’s not!**” you argue, “***I love God! I am just not the verbal type.***” Then consider Psalm 107:2 ⇨ “Let the redeemed of the Lord **say so**”, Matthew 10:32 ⇨ “Everyone who **confesses Me** before men, I will confess him before My Father who is in Heaven”, and many others. **Strong Scriptures are God’s kindness to help us before it’s too late.** Do not be offended by them (as Satan wants you to be); instead, be helped, as God intends!

Despite your past experience, remember that having true relational intimacy is better than not having it. If you are currently too bruised to believe that then forget about people for a while and just focus on God. Although people often misrepresent God to look like a fool, realize that people can be foolish and say foolish things, but **none** of that defines or changes God from the pure goodness that He is, owns and created. **Your spiritual pulse** is too important to leave to irresponsible fools. You seek God with all your heart and you will find that He is love; then **your spiritual pulse** grows strong, healthy, and wants to. ♥