

An Update on My Healing Journey with God

By Kathy Falzone

December 2012

Since the testimony that I wrote this past spring, God continues to teach me and help me. I have still had a lot of pain, weakness, exhaustion, and discouragement... but He is teaching me to be more thankful for ALL the good that I already have in addition to trusting Him more and being full of hope for what He is doing and will do! I am learning to be thankful at all times and encourage myself in the Lord as David did. He is increasing my strength, my joy, and my peace!

God has also been revealing to me the many ways that I have not guarded my heart over the years. I took many things personally and was easily wounded. I held most of it in and my emotional pain increased. NOW He is helping me to realize that most of the pain others cause me is not intentional, but a result of their stress, short comings... If my heart is full of pain, then I am being drained and I am unable to love the way that I want to love (like God loves). As a believer, my heart is God's sanctuary. If there is darkness in my heart then He cannot dwell there. NOW His light is purifying my heart, and with His help, I am not taking things personally. Therefore I have more time, energy, and strength to love like Him.

God is also transforming me by the renewing of my mind. Philippians 4:6-9 teaches me what my thoughts should be dwelling on (taking an inventory of) as well as how to have God's peace that passes understanding guard my heart and my mind in Christ Jesus.

I am still meeting with a doctor every 2-3 months, but I am relying more on God Himself to restore and heal me as He promised me in 1996 (Jeremiah 30:17). He continues to use many people to help me including my husband, pastor, visiting speakers, and friends. He is making a way in my desert and streams in my wasteland (Isaiah 43:19).

I have more true joy and I am less "needy".

May 2013

All that I wrote in December is still true with the exception of the doctor... I am not meeting with him now... I am seeking God ALONE for His path of healing for me.

These past 5 months, I have battled much with the ruts of wrong thinking that had developed over the years and with my wounded heart. God has been faithful to continue to heal and help me.

My husband and I began our first small home group for married couples using the book that God inspired him to write. Our desire is to disciple / help others to grow in their relationships with God and with their spouse. We are entering a new, exciting season of ministry.

August 2013

Our new season of ministry is above and beyond what we imagined in May. God has called us to return to full time ministry with Youth With A Mission. We will be moving and ministering to people in Coatesville, Pa. We will be supporting YWAM Coatesville with logistical service... Loren will be the building and maintenance manager and I will be the food services manager at their training facility. In addition, we will be ministering to the needy and hurting people in and near Coatesville at the Family Resource Center.

God has been restoring me to health and healing my wounds (Jeremiah 30:17). He gave me strength and helped me to work 6 days a week in July as we sorted, packed, and moved from our home of 21+ years. (We are living with Loren's parents temporarily.) God is helping me to continue to NOT take things personally and to renew my mind more so that I have not had to battle so much with the old ruts of wrong thinking. He is so GOOD!

MAY 2014

I am healed by the stripes of Jesus and growing stronger through the attacks of the enemy. He keeps trying to get my focus off, but each time I am catching on quicker. Glory and thanks to God for His Holy Spirit within me!

AUGUST 2014

Proverbs 4:23 Keep your heart with all diligence, for out of it *are* the issues of life.

Matthew 5:8 Blessed *are* the pure in heart. For they shall see God.

Wow... there are so many verses about the heart. The Lord has been speaking to me about mine. I so desire to keep my heart with all diligence so that I may be pure in heart and see God. I need greater understanding and God's power to change the wrong patterns that I unknowingly embraced.

Proverbs 13:12 Delayed hope makes one sick at heart, but a fulfilled longing is a tree of life.

My heart has been sick. The enemy has tried to make me hopeless, but God is the strength of my heart and my portion forever (Psalm 73:26). My trust is in Him and not in my longing being fulfilled. He is my tree of life!

NOVEMBER 2014

My wonderful Lord continues to help me to not take things personally. I am more aware of the Holy Spirit than I have ever been. He is helping me to choose the right attitude when I am hurt. I realize that if I take things personally then I increase my pain.

I desire to overcome evil (words of death, criticism, condemnation..., neglect, any lack...) with GOOD. God and His ways are GOOD. I rely on Him and His love towards me. His Holy Spirit within me continues to teach me and guide me into all truth. He is helping me to take my thoughts captive... to change them from negative/lies to positive/truth. When the enemy's negative darts are shot at me, I deflect them with my shield of faith. I thank and praise God. I often exalt Him in song. I trust Him. I am also growing in forgiveness towards those who wound me... making sure I am pleasing God even if people don't like it, giving the person to God (only He can change people), and being empowered by the Holy Spirit to bless those who curse me.

I have learned so much this past 14 months about DTS (Dying To Self). I had not realized how much I was use to relying on myself and the way I did things. It has been a good challenge to live in community especially with those from other countries/cultures. The Holy Spirit continues to help me to die to myself/my ways/sin and to be yielded to and alive to Him in Christ Jesus my Lord!

To God be the GLORY, great things He has done (and continues to do)!